



# THE FIRST UNITARIAN UNIVERSALIST SOCIETY OF MIDDLEBOROUGH

25 South Main Street, Middleborough, MA 02346

[www.uumiddleboro.org](http://www.uumiddleboro.org)

508-947-1935

July/August, 2018

## SUMMER SERVICES

**Summer Services begin at 9:00 a.m. in the Parish Hall. Please join us!**

**July 1: Frank Girard General Assembly**

Frank will be showing highlights from the 2018 General Assembly.

**July 8: Rabbi/Cantor Anne Heath Forgiveness – An Exploration from Tomer Devorah**

*Tomer Devorah (The Date Palm of Deborah)*, a 16<sup>th</sup> century kabbalistic text from Rabbi Moshe Cordevero of Safed, Israel, describes in its first chapter the 13 distinct Levels of Mercy that God bestows upon the world. Rabbi Cordevero discusses the specific nature of forgiveness inherent in each of these levels and outlines how we may emulate them in our everyday relationships with each other. This service is presented by Rabbi/Cantor Anne Heath of Congregation Agudath Achim and the Jewish Community House in Taunton, MA.

**July 15: Sue St. Germain, Natalie Johnson, & Tanya Trzeciak  
What Is Creative Expression?**

Creativity is not limited to famous artists, mathematicians, or scientists. Creativity is within each and every one of us. We make something new and different whenever we let ourselves free of constraints and indulge our imaginations. Sue St. Germain, Natalie Johnson and Tanya Trzeciak will each offer her own ideas about creativity and the creative process. The creative spark we are all born with manifests throughout our daily lives whether or not we realize it. Creativity and spirituality are like fraternal twins - they come from the same source yet are different in their expression. Come be inspired by our differing views of creative expression.

**July 22: Wayne Christian Interesting Collections**

An avid collector of many unique things, such as antique snuff bottles, skulls, etc., Wayne will once again fascinate us with another of his vast collections and regale us with tales of some of them.

**July 29: Arianna Wolff Environmental Health**

Join us this morning for a service focused on environmental health. Making sustainable choices can nurture our spirituality, peace, and, of course, the environment. Topics will focus on the leading environmental issues our country faces and how we, as individuals, can make simple changes that nurture love and acceptance. Arianna just graduated with a BS in Environmental Science from UCLA, conducted biology research in Costa Rica, and her senior thesis was on pollinator health in Southern California.

**August 5: CUUPS Lughnasadh at Soule Homestead, Middleboro, at 9:00 a.m.**

Please join Cranberry Circle CUUPS at their annual celebration of Lughnasadh at Soule Homestead. This day celebrates the first of the harvest and the importance of community. We ask that you bring an offering of the fruits of your labor. This can be something from your garden, your kitchen, or anything made with your own two hands. **Remember that there will be no service at the church this morning.**

**August 12: Alex P-D & Julia C. LGBTQ+ Identities and Orientations**

Learn all about the wide spectrum of identities and orientations. A Q & A will follow.

**August 19: Andrea & Ed Priest Sharing the Magic of Ferry Beach - a UU Conference Center.**

Andrea and Ed have attended Circle of Music Week at this UU Conference Center for over 9 years. Andrea is the Coordinator and Ed is a Workshop Leader teaching ukulele. What brings them and others back year after year? Through music, singing and photos, they will share the spirit of this special place. Come and hear about their experiences, and join in the Circle of Music. This Sunday we will meet in the sanctuary to take advantage of the sound system and project photos as they share this amazing experience.

**August 26: Vi Fairweather The Commandments**

The UUA Course *Building Your Own Theology* has substantially evolved into three parts since the days when several of us took it with Peter Connolly. One of the most engaging processes for me was a homework assignment where we were invited to create our own Ten Commandments. I thought it might be interesting for us to look at the traditional commandments compared with our principles and then to come up with perhaps three commandments that might have relevance for us.

**September 2: Rev. Sarah Person Creativity through Music - A Treat for Labor Day Weekend!**

Join us for a good old-fashioned hymn sing with a twist. We'll be singing songs from *Singing the Journey* contributed by our own Jeannie Gagné – personalized with her own stories that she'll be sending along this summer. Take a walk down memory lane with longtime members of the church choir and enjoy.



## NOTES FROM THE PARISH COMMITTEE

As the Church year comes to an end, it means the end of my two-year term as President. My oh my, where does the time go? I have thoroughly enjoyed working with my fellow members on the Parish Committee. I've had the honor and good fortune of collaborating with such a dedicated, caring group. Thank you to all of you who have given your time, your wisdom, and your passion.

A passionate and caring group we all are as a Church. We continue to thrive and grow in the main three pillars of ministry, religious exploration, and music. And we enjoy so many opportunities for meaningful connection, inspiration, creativity, and action. We do lots of good work, hard work, and sometimes work that doesn't even feel like work. And we do it all out of love: for our Church, for our community, for our world.

I hope you all enjoy a summer full of delights. I wish for you much time to relax and unwind, and perhaps to dream. And as you do, I hope you'll spend some time thinking about what our Church community means to you. What are your dreams and wishes for what we can do and what we can be? These dreams and wishes will provide the seeds for new life. And together we can grow and nurture these seeds into full and wondrous bloom.

In peace,

*Bob Waterman, President*

P.S. This isn't a good-bye note, as the Congregation has graciously accepted me for another term as President. So, onward we go!

## CALENDAR PLANNING MEETING

Sunday, July 1

Following the Worship Service

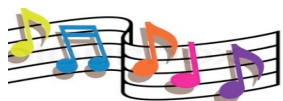


A Calendar Planning Meeting has been scheduled for Sunday, July 1, following the service. The goal is to schedule the entire year of regular ongoing meetings, one-time meetings, workshops, special events and fundraisers to assure we have the space planned and pace out our energy.

Who should attend? Committee chairs, those with ideas for new events, anyone who is interested. If you cannot attend but have some dates, please submit them to Andrea at [andreapriesto@gmail.com](mailto:andreapriesto@gmail.com).

The meeting will create a calendar template and, of course, dates can be added as the year progresses.





## SUMMER MUSIC MUSINGS



It's that delicious time of the year when we can make music without an agenda, which means trying new stuff! Once again, I'm off to the Massachusetts Conference of American Choral Directors Association, pencil and journal in hand, ears open, ready for new ideas. Seven of our choristers are taking on summer studies — voice lessons, women's ensemble workshop, online academy of Irish Music, Circle of Music, and Mariachi double-stop guitar lessons. It is such a blessing and perk to have financial support for professional development and summer studies. Special thanks to the generosity of our Parish Committee and May's Cash-in-the-Plate. At the start of the church year, we will have a workshop to share our studies AND learn MORE new stuff in a Vocal Workshop.

At the beginning of summer, Helen Casoli is hosting a fabulous Potluck Dinner & Fireworks Party at her place on Onset Beach on Saturday, July 7. This is a fundraiser for the Piano Fund - please check out the article in this newsletter for more information. At the end of the summer, there will be a Choir Party at Valerie Fontaine's place on Saturday, August 25, starting at 1:00.

The Chalice Choir will begin weekly rehearsals again on August 28. This group meets every Tuesday from 7:00 to 8:30 p.m. and sings for worship every other Sunday starting September 9. We welcome new singers - please contact me if you are interested.

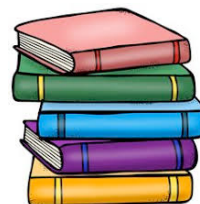
Thanks for a great year - I hope to see many of you at Summer Services!

Susan Hotchkiss [music@uumiddleboro.org](mailto:music@uumiddleboro.org)



### BOOK DISCUSSION GROUP

**Summer Dates: Mondays - July 16 and August 20**  
**5:30 - 6:30 p.m.**  
**in the Parish Hall**



The Book Discussion Group continues on the third Monday of each month at 5:30 p.m. We have only a couple of open spots - please contact me if you would like to join us.

I have copies of the books and discussion questions available to borrow for our members:

July 16: *Becoming Wise* by Krista Tippett

August 20: *Everything I Never Told You* by Celeste Ng

More info or questions, contact [Carleenml@aol.com](mailto:Carleenml@aol.com).

Carleen M. Loper



# RELIGIOUS EXPLORATION



Our preliminary theme for next year is:

## **The Fellowship of the Rings: The Quest for the Six Sources**

We'll leave the Middle Boro and go on an adventure - crossing continents and learning about the universe so that we can more deeply connect with our UU faith.

In our search for the Six Sources we will:

- ❖ Discover the mystery and wonder in the universe
- ❖ Explore other world religions, as we learn about the life of the prophet Muhammad as he founds the religion of Islam
- ❖ Learn what wisdom modern day Jewish and Christian traditions have to give our UU faith
- ❖ Search for prophetic people from across the globe who inspire us to live better lives
- ❖ Follow science and reason to understand their importance of creating a better, more just world
- ❖ Explore the Winter Solstice with a yule themed holiday pageant.

We're planning a Cookout in August at the Myles Standish Forest - stay tuned for more details.

I hope everyone has a fabulous summer!

*Juliet Donaldson, Director of Religious Exploration*



## **DRUMMING CIRCLE**

**Saturdays - July 28 and August 25**

**6:00 - 8:00 p.m.**

**at Pam Rasa's Home**



The Drumming Circle is for anyone ages 15 and up who would like to attend. This is an indoor/outdoor event depending on the weather. Please bring your slippers with you. And bring a rattle or a drum or both if you have them, but there are extras for you to use as well.

A pot of soup or other main course will be provided. Finger foods are welcome. A \$5 donation is requested. RSVP to Pam Rasa.





## **ONSET BEACH - FIREWORKS PARTY**

**Saturday, July 7 – all day!**

**Hosted by Helen Casoli**

**Potluck Fundraiser for the Piano Fund**

**\$10 each, FREE for ages 15 and under**

YOU are invited to a very special treat on Saturday, July 7, at Helen Casoli's home on Onset Beach, 40 W. Central Boulevard. Community activities start at 11:00 in the morning with a Blessing of the Fleet, followed by a parade, music, a fabulous pot-luck supper at Helen's, and SPECTACULAR fireworks. We suggest you arrive early and stay late!

Because of traffic and parking, you should plan to arrive by 4:00 at the latest. You can give Helen a call, drop off your passengers, coolers and "whatnot" at Helen's, and then go find a place to park. In addition to street parking, there are \$5 parking lots which will fill up as the afternoon progresses. Please note that all local traffic will be blocked from about 5:00 until after the fireworks. This is THE highlight happening in the entire area, and crowds are expected to come to the beach. YOU will have a front row seat from the deck or beach! (Please note that Helen's apartment is upstairs, which means 13 steps up to the bathroom!)

**Space is limited, and registration is a must!**

**To register, you must call Valerie Fontaine at 508-947-3153 or email her at [vafont@verizon.net](mailto:vafont@verizon.net).**

**Payment is due at the time of registration.**

For more information about the party, please call or text:

Helen Casoli – 508-221-5336



*HEALING CIRCLE*  
**Mondays, July 9 and August 6**  
**7:00 - 8:30 p.m.**  
**in the Parish Hall**

We live in times of great turmoil and uncertainty. Most of us are busier than we want to be and often feel like hamsters on a never-ending wheel. If we are young, the pressures start early ..... the need to fit in, to achieve, to be productive members of society. If we are adults, we juggle careers, kids, maybe the needs of older parents and a myriad of other things. If we are seniors, many of us worry that we will not have enough resources to see us through to the end of life.



Anyone who turns on the news is plunged into a state of constant fear and anxiety. This is what modern life in America has become; and although we may feel powerless to change that, we can take steps to take better care of ourselves, to slow down and to give ourselves a much-needed time out.

To that end, the HEALING CIRCLE is being offered as a way to take a step back from the chaos of modern life and to do something nourishing for ourselves. We invite you to join us on June 11 for an opportunity to retreat, relax and allow yourself to just "be."

We will begin the evening by gathering in Circle; and after a brief welcome and introduction, we will together create sacred, safe space. Following a brief, relaxing guided meditation, practitioners will offer their healing gifts to all who are open to receive. Participants will be invited to place their intentions and prayers for loved ones in the Healing Basket, and we will conclude by sending love and light to all who need it.

The Healing Circle is offered by donation. Practitioners give of their time and gifts, and any money received goes directly to the church in order to offer more programs in service to our community.

We are reaching out beyond the walls of the church to our community at large in an effort to bring our UU values of love and compassion to all. Like a pebble tossed into the water, concentric circles move out to form other circles into infinity. It is our heartfelt hope that this Circle can be a beginning for people to come together to help heal themselves, each other and the planet.



## PLANT SALE UPDATE

Thank you to all who helped make our 18<sup>th</sup> Annual Spring Garden Sale a success! We appreciated it very much! We had a good day with lots of customers and many helping hands. There are still a few annual/veg plants left over for those of you who may have missed the sale.

**This year we made a net profit of \$1428.65 (so far...)!**

Mike Schroeder and Maria Pucillo-Dunphy would like to specially thank the following people for helping to make the 18<sup>th</sup> Annual Spring Garden Sale a success:

Dody Adkins-Perry  
Katie Allen  
Nikki Andrews  
Nancy Backus  
Holly Begley  
Jonathan Begley  
Donna Ciappina  
Vi Fairweather  
Juli Gould  
Natalie Johnson  
Dave Kraemer



Cheryl MacQueen  
Wally McGuinness  
Alan Melchior  
Rev. Sarah Person  
Gilda Phillips  
Andrea Priest  
J.R. Pucillo-Dunphy  
Eva P-D  
Sue Sherman  
Patty Simon  
Bob Waterman

Plus everyone who donated plants or other items, as well as everyone who shopped at our event. We couldn't have done it without you all!

As you make space in your gardens for all your purchases, please remember that we are always looking for empty pots for next year's sale. Please save your clean, non-brittle, empty pots for us to Reuse. We will gladly take them at any time and store them for next spring. Please Remember the 7 R's: Refuse, Reduce, Reuse, Repair, Repurpose, Recycle and Rot!



Please consider Planting A Row For The Hungry in your own gardens. Will you have more fruits and veggies from your garden than you can possibly eat? Help us provide fresh produce to hungry neighbors in Middleboro and surrounding towns by donating extra vegetables to the Sacred Heart Food Pantry.

Thank you,

*Mike Schroeder and Maria Pucillo-Dunphy, Spring Garden Sale Co-Chairs*







## KRAZY DAYS YARD SALE

**Friday and Saturday, August 3 and 4**

Start collecting your donations now:

housewares, kitchen stuff, sports stuff, children's goods, furniture, tools, etc.



## LAKEVILLE ARTS & MUSIC FESTIVAL

The Lakeville Arts & Music Festival is scheduled for **Saturday, September 29**. For many years, we have run a food booth, and it is a good fundraiser.

We need a committee of team leaders to run this event. We have notes of the details if that would be helpful. The teams could be

Set-Up/Supplies

Soup Making

Food Donations (soliciting from church members)

Staffing Schedule for the day

and Clean-Up.

# HELP WANTED!



Many of these tasks can be done by email, and this committee would not require many meetings. We need volunteers to work together to create this great outreach event. Over the years we have created good systems that work, and we have the equipment (tents, warmers, etc.).

Please let Rev. Sarah ([minister@uumiddleboro.org](mailto:minister@uumiddleboro.org)) know how you can help.



## REMINDER



Over the summer, please remember that if you or your group is the last one to leave the church, check and make sure that all the lights are off and all the doors are locked. Thank you.



### Dates to Remember

**Tuesday, August 14**

**Sunday, August 19**

**Sunday, September 9**

**Church Office Reopens**

**September Newsletter Deadline**

**Ingathering**



## PARISH CARE

Pastoral Care help is available to assist with meals, transportation, emergency babysitting, and hospital visits during illnesses or other family emergencies.

We are a diverse, active and caring community; and we welcome your questions and your participation. You are always invited to call or visit our minister to discuss any matter of concern to you.

Pastoral Care:	Susan Curtiss
Meals:	Dody Adkins-Perry
Rides:	Marc MacQueen
Cards:	Chris Korben
Caring Choir:	Valerie Fontaine
Prayer Shawls & Blankets:	Juli Gould

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## MISSION STATEMENT

We seek to provide a sanctuary where people can come together as a community to foster spiritual and personal growth through education and open discussion, to offer the opportunity for meditation and worship, and to serve as a liberal religious voice.

In our interactions with one another, we seek to build a strong community, great with acceptance, appreciation, caring love, respect, tolerance, trust, and forgiveness; to listen to one another and resolve our conflicts peacefully; to sympathize with and show compassion to one another; to express our creativity together; and to delight in fun and friendship.

As a religious community, we strive to help one another in our individual journeys to discover our spiritual selves; to find purpose, self-worth, and peace; to explore moral and ethical questions together; and to inspire, challenge, and to stimulate one another intellectually - with open-mindedness and without judgment.

As individuals and in the larger community, we will speak against injustice and cruelty. We seek to model tolerance and diversity; confront the fear of difference; and thoughtfully address the many difficult problems of our world.

## PARISH COMMITTEE

President:	Bob Waterman
Vice President:	Barbara Bancroft
Treasurer:	Pam Davis
Assistant Treasurer:	Marc MacQueen
Parish Clerk:	Bill Howe
Members At Large:	Holly Begley Joshua McKiernan Eileen Smith Laura Stevens

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## OUR BROADCASTS

You can watch the service any time online at <http://71.126.251.154/CablecastPublicSite/>.

Our worship services are videotaped and broadcast over local cable television in Middleboro and Lakeville.

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Our congregation supports the Society of St. Vincent de Paul Sacred Heart Food Pantry.

Among items most needed are:

peanut butter and jam; canned tuna, salmon and mackerel; cold cereal - bran flakes, Cheerios, Kix, etc; powdered milk; dry hot cereal mixes - oatmeal, farina, cream of wheat, etc; granola bars; whole wheat and graham crackers; dried fruit; boxed pasta and noodle mixes; canned beans; vegetables and fruit; ketchup; mayonnaise; vegetable oil; honey; microwavable meals; canned meats; staple meal items; and toiletries such as shampoo, toothpaste, deodorant and baby wipes.

No expired items, please.

Place your donations in the baskets located in the parlor. Thank you.

*Evalyn Buczek*



# JULY 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> <b>9:00 a.m.</b> Worship Service, Parish Hall  <b>9:45 a.m.</b> Calendar Planning Meeting, Parish Hall	<b>2</b>	<b>3</b>  <b>10:00 a.m.</b> Peaceful Quilters, Parish Hall	<b>4</b> 	<b>5</b>  <b>7:00 p.m.</b> Spirituality Group, Minister's Office	<b>6</b>  <b>6:00 p.m.</b> Sangha Meditation Group, Parish Hall	<b>7</b>  <b>11:00 a.m.</b> Onset Beach Fireworks Party, H. Casoli's Home
<b>8</b>  <b>9:00 a.m.,</b> Worship Service, Parish Hall	<b>9</b>  <b>7:00 p.m.</b> Healing Circle, Parish Hall	<b>10</b>  <b>10:00 a.m.</b> Peaceful Quilters, Parish Hall	<b>11</b>	<b>12</b>  <b>7:00 p.m.</b> Spirituality Group, Minister's Office  <b>7:00 p.m.</b> Satsang, Off Site	<b>13</b>  <b>6:00 p.m.</b> Sangha Meditation Group, Parish Hall  <b>7:00 p.m.</b> Knitting Group, J. Gould's Home (Recycle Week)	<b>14</b>
<b>15</b>  <b>9:00 a.m.,</b> Worship Service, Parish Hall	<b>16</b>  <b>5:30 p.m.</b> Book Discussion Group, Parish Hall	<b>17</b>  <b>10:00 a.m.</b> Peaceful Quilters, Parish Hall	<b>18</b>  <b>6:00 p.m.</b> Parish Committee, Parish Hall	<b>19</b>  <b>7:00 p.m.</b> Spirituality Group, Minister's Office	<b>20</b>  <b>6:00 p.m.</b> Sangha Meditation Group, Parish Hall	<b>21</b>
<b>22</b>  <b>9:00 a.m.,</b> Worship Service, Parish Hall	<b>23</b>	<b>24</b>  <b>10:00 a.m.</b> Peaceful Quilters, Parish Hall	<b>25</b>	<b>26</b>  <b>7:00 p.m.</b> Spirituality Group, Minister's Office  <b>7:00 p.m.</b> Satsang, Off Site	<b>27</b>  <b>6:00 p.m.</b> Sangha Meditation Group, Parish Hall (Recycle Week)	<b>28</b>  <b>6:00 p.m.</b> Drumming Circle, P. Rasa's Home
<b>29</b>  <b>9:00 a.m.,</b> Worship Service, Parish Hall	<b>30</b>  <b>7:00 p.m.</b> CUUPs, Parish Hall	<b>31</b>  <b>10:00 a.m.</b> Peaceful Quilters, Parish Hall				



# AUGUST 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
				7:00 p.m. Spirituality Group, Minister's Office	Krazy Days Yard Sale  6:00 p.m. Sangha Meditation Group, Parish Hall	Krazy Days Yard Sale
5	6	7	8	9	10	11
9:00 a.m. Worship Service, Soule Homestead	7:00 p.m. Healing Circle, Parish Hall	10:00 a.m.- 3:00 p.m. Peaceful Quilters, Parish Hall  6:30 p.m. Expansion Committee, Minister's Office		7:00 p.m. Spirituality Group, Minister's Office  7:00 p.m. Satsang, Off Site	6:00 p.m. Sangha Meditation Group, Parish Hall  7:00 p.m. Knitting Group, J. Gould's Home  (Recycle Week)	
12	13	14	15	16	17	18
9:00 a.m. Worship Service, Parish Hall	2:00-8:00 p.m. Rental, Parish Hall	9:00 a.m. Church Office Reopens  10:00 a.m.- 2:00 p.m. Peaceful Quilters, Parish Hall  2:00-8:00 p.m. Rental, Parish Hall	2:00-8:00 p.m. Rental, Parish Hall	2:00-8:00 p.m. Rental, Parish Hall  7:00 p.m. Spirituality Group, Minister's Office	2:00-8:00 p.m. Rental, Parish Hall  6:00 p.m. Sangha Meditation Group, Parlor	
19	20	21	22	23	24	25
9:00 a.m. Worship Service, Parish Hall  September Newsletter Deadline	5:30 p.m. Book Discussion Group, Parish Hall	10:00 a.m.- 3:00 p.m. Peaceful Quilters, Parish Hall		7:00 p.m. Spirituality Group, Minister's Office  7:00 p.m. Satsang, Off Site	6:00 p.m. Sangha Meditation Group, Parish Hall  (Recycle Week)	1:00 p.m. Choir Party, V. Fontaine's Home  6:00 p.m. Drumming Circle, P. Rasa's Home
26	27	28	29	30	31	
9:00 a.m. Worship Service, Parish Hall		10:00 a.m.- 3:00 p.m. Peaceful Quilters, Parish Hall  7:00 p.m. Chalice Choir Rehearsal, Parish Hall		7:00 p.m. Spirituality Group, Minister's Office	6:00 p.m. Sangha Meditation Group, Parish Hall	



## UU WORLD SUMMER 2018 AUDIO RECORDINGS

Visit <https://www.uua.org/publications/uuworld/audio/summer-2018> to hear selected articles/essays taken from the *UU World*.

- Our radical teachers: In Nicaragua, women cultivate power and share their wisdom with UU feminists from the United States by Air Nonken.
- Coffee hour central: We turned coffee hour into a social gateway for personal growth and community connection by Seth Fisher.
- Becoming the religious people we want to be by Susan Frederick-Gray.
- Living the emergency: Climate activists turn to civil disobedience at the risk of serving prison time by Alexandra Varney McDonald.
- The youth are at the gates: Meet Levi Draheim, the 10-year-old Unitarian Universalist at the center of a landmark climate case by Sherri Scott.
- The unwanted gift of a new chair: Give up on the project of fixing people and just listen by Bruce T. Marshall.
- Visiting our First Source at the hospital by Ali Jablonsky.
- What sustains your breath? A metaphor for resilience by Trudi Frazel.
- Wakanda or Watts: Is Unitarian Universalism an oasis or a war zone for blacks? by Adam Lawrence Dyer.
- Religious professionals of color report conflicts: Commission for Institutional Change calls attention to 'disparate treatment of people of color' by churches by Elaine McArdle.

The word "Summer" is written in a playful, bubbly font. Each letter is a different color: 'S' is blue, 'u' is purple, 'm' is pink, 'm' is orange, 'e' is green, and 'r' is purple. The letters have a glossy, 3D effect with highlights and shadows.