

Active Hope

AN INTRODUCTION TO THE WORK THAT RECONNECTS

*How can we remain resilient, creative, and empowered
to act for the healing of our irreplaceable world?*

The *Work That Reconnects*, developed by teacher/activist Joanna Macy and others over four decades, draws on deep ecology, systems theory, and engaged Buddhism. The work uses head, heart, spirit, and body to explore ways to envision and create a life-sustaining society. Practices include group meditations, creative ritual, conversation, work in pairs and small groups, physical movement, poetry, and song.

This day-long experiential workshop will be led by Amy Tighe, Anne Goodwin, and John MacDougall, who are members of the Boston-area Work That Reconnects community and an experienced facilitation team. They will offer practices in love and gratitude, a ritual to express and honor our pain for the world, sources of hope and insight, and tools for resilience and action to take into your life.



SATURDAY, JANUARY 11

10:00 am – 4:30 pm

First Unitarian Universalist Society

25 S. Main St.

Middleborough, MA

REGISTRATION & FEE

\$20/\$10 student/low-income.
Register, and get more details at:

<https://greeturning.bpt.me>

More information about the
Work That Reconnects

<https://workthatreconnects.org/>

<https://interhelpnetwork.org/>

For workshop questions contact:

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