

The First Unitarian Universalist Society of Middleborough

February 21, 2021

10:30 a.m.

Organ Prelude *Invention VIII* by J. S. Bach

Welcome and Announcements **Rev. Sarah Person**

Opening Words by Kathy A. Huff

Leader: Spirit of life, be present with us this hour.

Congregation: *Join us today as we gather in a wider search
for truth and purpose.*

In this quest, may we greet one another with
open hearts and minds;

*may we inspire each other to consider
new questions and seek deeper meaning;*

may we cultivate wisdom and compassion.

*Let all who enter [this spiritual] sanctuary see a welcome
face, hear a kind word, and find comfort in this
community.*

And may all that is done and said here today be in
service to love and justice.

Hymn *Be the Change (See page 4)*

Chalice Lighting *Heroes* by Ann Reed

(Everyone light their chalice candles at home.)

(In unison) **Heroes**

**Appear like a friend
To clear a path or light the flame
As time goes by you find you depend
On your heroes to show you the way**

Chalice Lighting Response *May We Shine a Light of Love* by Joyce Poley

**May we shine a light of love,
May we shine a light of love,
With ev'ry thought, With ev'ry step we take
May we shine a light of love.**

Message for All Ages

Free and Responsible Beliefs

Kelly Lownds
by Martha Dallas

Joys and Concerns will be shared at the start of our time of fellowship.

Prayer *For One Who Holds Power* by John O'Donohue

Reading *Are You Saved?* by Bruce M. Clary

Sermon *President for a Day* **Rev. Sarah Person**
*We'll take turns sharing the executive order we would issue if we were
President for a Day.*

Offertory *Poor Wayfaring Stranger*
African American Spiritual, arr. Emma Lou Diemer

Offertory Response

#402 *From You I Receive* by Joseph and Nathan Segal
***From you I receive, to you I give,
together we share, and from this we live.***

Closing Words by Susan Frederick-Gray
Excerpt *From the UUA President: Lean into What You Love*
November 19, 2020

Hymn **Led by Ed Priest, guitar**
Blowin' in the Wind (See page 5)

Unison Benediction

***Go out into the world in peace.
Have courage.
Hold on to what is good.
Return to no person evil for evil.
Strengthen the fainthearted.
Support the weak.
Help the suffering.
Honor all beings.***

Sung Benediction

#1057 *Go Lifted Up* by Mortimer Barron
***Go lifted up,
Love bless your way,
moonlight, starlight guide your journey into peace
and the brightness of day.***

***The Chalice is extinguished,
but its light lives on in the minds
and the hearts and the souls of each one of us.***

***Let us carry the flame with us and
share it with those we know,
with those we love, and most
especially, with those we have yet to meet.***

Postlude

Chalice Ensemble, February 17, 2019

National Anthem: Arise! Arise!

by Jean Rohe, arr. Liam Robinson

**Chorus: *Arise! Arise! I see the future in your eyes.
To a more perfect union we aspire,
And lift our voices from the fire.***

Music Notes

Today's postlude is an "aspirational national anthem" called "Arise! Arise!" written in 2011 by singer & songwriter Jean Rohe. The performance is an excerpt from a worship recording made two years ago by J. R. Pucillo-Dunphy. Singers from the Chalice Choir are: Dody Adkins-Perry, Katie Allen, Jim Bonnar, Sue Curtiss, Kimberly French, Dan Hotchkiss, and Jeff Stevens.

5. Be the Change

Words adapted from Gandhi (attr.)

Music by Marc Kaplan and Colin Britt
Jersey City, NJ | 2010

Steady (♩ = 88)

Melody

Harmony

1. Be the change _____ you want to see in the world, be the change
2. Be the voice _____ you want to hear in the world, be the voice
3. Be the light _____ you want to shine in the world, be the light

C/G G Cadd9 Am7

_____ you want to see in the world, be the change _____ you want to
_____ you want to hear in the world, be the voice _____ you want to
_____ you want to shine in the world, be the light _____ you want to

B7 Em Am7 C/D G

see in the world, } and change will come to you.
hear in the world, }
shine in the world, }

Rhythm for hand taps on heart:



Suggested percussion groove:



Performance Suggestions:

- Start with soloist accompanied by minimal percussion (hand taps on heart, djembe, etc.).
- Repeat verse 1 with everyone in unison.
- Add harmony, SSA or SATB with bass doubling melody.
- Accompany with piano or guitar, and percussion ad lib.

Colin writes: "Marc was asked to commission a piece for an All-County Choir, and as he was thinking about being the best version of himself, Gandhi popped into his head. The melody wrote itself in 5 minutes. He called me and the rest is history!"



BLOWIN' IN THE WIND

words and music by Bob Dylan

How many roads must a man walk down,
before you call him a man?

How many seas must a white dove sail,
before she sleeps in the sand?

Yes, and how many times must the cannonballs fly,
before they're forever banned?

The answer my friend is blowin' in the wind

The answer is blowin' in the wind.

Yes, and how many years can a mountain exist,
before it is washed to the sea?

Yes, and how many years can some people exist,
before they're allowed to be free?

Yes, and how many times can a man turn his head,
and pretend that he just doesn't see?

Chorus

Yes, and how many times must a man look up,
before he can see the sky?

Yes, and how many ears must one man have,
before he can hear people cry?

Yes, and how many deaths will it take till he knows,
that too many people have died?

Chorus