



THE FIRST UNITARIAN UNIVERSALIST SOCIETY OF MIDDLEBOROUGH

25 South Main Street, Middleborough, MA 02346 508-947-1935 www.uumiddleboro.org March 2022

***We are offering virtual worship services with limited in-person attendance at 10:30 a.m.
The link to each service will be posted on our website every week.***

Sunday, March 6

**Rev. Sarah Person preaching
*To Be Brave in Our New World***

We have seen the best and the worst of ourselves. People have taken heroic measures to save lives and stand up to others. Yet bullying, on the world stage and in the supermarket aisle, has laid bare our grief and dysfunction. We can no longer make assumptions about who and what we can trust. How can we, do we navigate in this world? We have, fortunately or unfortunately, many opportunities before us to act on our beliefs and values. They are needed more than ever. Special music will be provided by members of the Chalice Choir singing *Caged Bird* with lyrics from the poetry of Maya Angelou.

Sunday, March 13

**Rev. Sarah Person preaching
*Six Word Stories***

Recovering from the pandemic will require of us a quality of resilience. What idea or event has gotten you through hard times in the past? Share your story, but see if you can do it in six words. (If you'd like to see more about this idea, just search the internet for "Six Word Story" and a number of sites will pop up with samples and how-tos.) When we gather for Sunday worship, we'll take turns offering our wisdom. Special music is provided by Mal Marvill singing *I Am Light*.

Sunday, March 20

**Rev. Dan Hotchkiss preaching
*Ministry in the Light of Loss***

This spring, as Rev. Sarah Person concludes her ministry with us, we will begin a period of transition. It's tempting to rush transitions, hoping to skip over the sadness and uncertainty they bring. But a change of ministers can be a time of creativity and growth. Dan Hotchkiss has helped hundreds of ministers and congregations in transition—as a national UU leader and then as a consultant across many faith communities. Dan will share some insights about what times of transition have to teach us about ministry and life. Special music will be provided by members of the Chalice Choir singing *Esto Les Digo (This I Tell You)*.

Sunday, March 27

**Rev. Sarah Person preaching
*Rules to be Broken***

March 8 was International Women's Day. Over decades, studies have indicated that women are perceived to have just as much, if not more, leadership capacity as men. Let's explore the role that women have historically played in American and First Nation governance. What might be keeping them, as well as others, from assuming those roles in the present day? Special music is provided by Katie Allen and Bet Giddings singing *Remember the Ladies*. The text is based on the correspondence of Abigail Adams (caring for the farm and four children in Braintree) to her husband, John (attending the Second Continental Congress in Philadelphia.)

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### **PLEASE NOTE:**

*The details in this Newsletter are up-to-date as of the publication, but there may be changes/updates, so be sure to check the weekly "UU Updates" for any updated information. If you are not subscribed to receive the "UU Updates," send an email to [office@uumiddleboro.org](mailto:office@uumiddleboro.org), and we will add you to the mailing list.*

# *Minister's Meditation*

## *Lessons from the Ukraine*

One of my favorite Broadway shows growing up was "South Pacific." When Nellie belted out her soul-defining song "Cockeyed Optimist," I wanted to jump up and shout "Take That, Life!" But even I would understand by the end of the production that life unfolds as it will, and optimism does not change its course. Hope, real hope, is a thing born out of reality and despair.

Hope is one of the hardest things we can ask of ourselves right now. With all that has happened in the past few years, in the past few days, with violence and chaos seeming to rule instead of safety and civility, how can anyone possibly hope?

There are no simple answers. It is in our nature to lean toward both the positive and negative; sometimes more one than the other. There are times when optimism is simple. There are times when despair is easy. Hope is never simple, never easy. Hope can change the course of events when power and persuasion fail.

As of this writing, Kyiv is still holding out, giving President Zelensky time for a second round of talks, border nations to add their sanctions to those of the EU and the west, and allies of Putin to walk back their support. The defenders of Kyiv have given us, the rest of the world, time. Sometimes that is the best and only thing worth fighting for, time. By the time you read this, the world will have changed. But the lesson of Ukraine will not.

*Rev. Sarah*



## **COVID Guidelines Update**

We've been watching the trends carefully and have determined that given the current state, we're prepared to begin opening the sanctuary on Sundays for a limited number of individuals to attend Sunday services. Starting on March 6, we'll have 12 sections designated for units of up to four individuals (families, couples, friends who are comfortable sitting together). All individuals must be fully vaccinated, wear a mask while in the Church building, sign in upon entry attesting to vaccination status, and stay properly distanced from others. There won't be any singing by attendees, but humming will be welcome. Once the service is over, we ask all attendees to leave the building, but you're welcome to visit outside.

If you're interested in attending, you may register by sending an email to [office@uumiddleboro.org](mailto:office@uumiddleboro.org) or by calling the church at 508-947-1935. Sign-ups will be accepted each week between 3:00 pm on Sunday and midnight on Wednesday for the following Sunday. Only requests received within that window each week will be accepted, and only one person in each unit needs to submit the request for the unit. The 12 unit slots will be filled on a first come first served basis. If you're successful in securing a slot, you will be notified on Thursday for the following Sunday. If you're not successful in securing a slot one week, you'll be given priority the next time you sign up to attend. You must sign up each week that you wish to attend.

These guidelines will remain in place until further notice. We hope in the coming weeks that things will continue to improve and allow us to ease the restrictions and increase the number of units. If you have any questions, please contact [uu362@comcast.net](mailto:uu362@comcast.net).

*The Parish Committee*



Welcome to March: month of wind and women. I'm not sure where that takes us. Historically, March has always been windy, just as women have struggled to be recognized as serious musicians and composers. I've been doing a lot of cooking and practicing and pondering "music as cooking." Which has nothing to do with wind or women. Or does it?

It all started with a reading about mindfulness and cooking. According to Rohan Gunatillake of the podcast *Meditative Story*, first you must learn the ingredients, then practice the steps until you achieve mastery—with no recipe required. It's the same with music. The ingredients are the raw materials: notes, rhythms, dynamics, phrases. Only when these ingredients are learned and practiced can you achieve mastery by stepping into your intuition and lifting the music off the page into the imagination. The best cooking and the best musicmaking both demand mindfulness.

March signals a turning toward spring, complete with warmer air and gusty winds. Women are taking thoughtful strides toward equality and recognition. With a little mindfulness, we can mix in some great music and a little food and sing our way toward a more just world.

*Susan Hotchkiss*, Director of Music



Thanks to all for a great Valentine's Day lasagna fundraiser. We raised over \$700.00!

It takes many hands, including Dorine L. who helped with planning and prepping, 6 shoppers (who donated all ingredients), 4 prep helpers and 3 helpers on sale day. Three volunteers made yummy desserts. Thanks to the Council on Aging for their bountiful donation of bread. And, of course, thank you to our shoppers for their purchases. We sold over 28 orders, and the winner is Bet Giddings who served dinner to the entire family. Thanks to Bob W. for publicity, and always a big thanks to Val in our office for all of her help.

*Andrea Priest*



### **MAGIC MARCH!**

We have been discussing magic as a pagan spiritual practice that combines energy, focus, and intention to effect positive change. We would like to involve the congregation in spreading magic in our local community by practicing random acts of kindness and senseless acts of beauty by proclaiming our own Magic Month in March. These ideas may help you choose an action for your family to do:

- Leave flowers on someone's doorstep.
- Send thank-you cards to local librarians, firefighters, or teachers.
- Thank and compliment a grocery clerk or restaurant server.
- Take up pottery and make gifts for others.
- Write a poem and give it away.
- Clean up a neighborhood park.
- Visit residents in a nursing facility.
- Give something of yours away, perhaps even to a stranger.
- Buy grocery gift cards and instruct the cashier to give them to the next five customers.

We hope you and your family will be creative, have fun, and most importantly, help us create magic in our community.

### **Sunday School Classes: An Amazing Journey, On the Road Again**

We are on a pilgrimage of faith, exploring how Unitarian Universalism translates into life choices and everyday action. Emmet, Eamon and Sebastian have shared their faithful activities that align with our seven principles and, if you get a chance, you can see them downstairs in the Parish Hall. We meet weekly on a virtual platform at 10am on Sunday mornings. We will be back to an in person RE meeting in March on the 3rd Sunday of the month.

**Craft Club** As part of our RE program, we will be starting a Crafting Club. The Club will be meeting in March and will work on various crafts for both our Faithful Footprints program and some social action projects we are planning.

**RE Parent Meeting** We meet the second Sunday each month at 11:45 virtually. The link goes out via email and will be in the UU Updates each month. In March the group is meeting on March 13. We welcome all parents to our group.

**Youth Group** Greg Stevens, Kelly Lownds and Barbara Bancroft are working with the Youth Groups. We are meeting on the 2nd and 4th Sunday evenings of the month. Greg and I run the group the second Sunday, and Barbara and I will run the group the 4th Sunday.

**Coming of Age** is now on the 2nd Sunday of the month (March 13) from 4-6, and Youth Group is on the 4th Sunday of the month (March 27) from 4-6. In February we met our Mentors!! We are very excited to share time with our Mentors and continue to work on our credos.

**Volunteer Efforts** On February 13 we collected over 50 items of sweat pants, shirts, sweatshirts, socks, shoes and other items for Middleboro schools. Thank you for everyone who participated. The children organized the items, and they will be delivered at the beginning of March. On February 27 the children planted marigolds and set up our March service project. We will be sharing flower pots with anyone who is interested with paint and paint brushes to complete our Flower Pots for Foster Parents. If interested in receiving some pots, please email [dre@uumiddleboro.org](mailto:dre@uumiddleboro.org).

*Kelly Lownds, Director of Religious Exploration*



# WE NEED YOU!

FUUSM needs a few good recruits to join our Tech Team! From the beginning, it has been our goal to always provide real time remote access to our Sunday services and special events. With impending vacancies both short and long term, we need to bolster the ranks of Tech Team stars able to commit to one or two Sundays a month staffing the equipment.

No prior experience is necessary! Throughout the evolution of our remote access development, ease of use has always been a driving factor. While some computer skills would be helpful, they are not necessary. We will gladly train anyone interested regardless of prior experience. Currently two to three technicians are needed each week, to produce our weekly offerings, one to staff the computer and handle the transmission and the second to operate the sound board.

If you think this would be for you, please email Stephen Larrett [stephenlarrett@hotmail.com](mailto:stephenlarrett@hotmail.com). If you're not sure but are interested, let's talk! We are not looking for major commitments of time. Needless to say, the more stars we have the lesser the burden of commitment.



## SAVE THE DATE!

**Saturday, April 9  
9:30 – 11:00 a.m.  
in the Parish Hall**

## INVESTING DURING RETIREMENT

Those in retirement must frequently handle investing their own money, especially now that many of us don't receive pensions. Few have much interest in investing other than to ensure that our money provides income we need to meet living expenses. With that in mind, this session will offer three ways to handle your investments effectively with minimum time, fuss, or expense and explore the strengths and downsides of each.



Hopefully, there will also be time to discuss other investing questions that participants have.

Advance registration is required. Please contact Bill Howe if you plan to attend:  
Email: [whowe53@gmail.com](mailto:whowe53@gmail.com) or Phone: 508-946-1491.

*Bill Howe*

## UPCOMING EVENTS

IN

# MARCH



### *VIRTUAL COFFEE WITH THE MINISTER*

**Tuesdays: March 1, 8, 15, 22, 29  
10:00 – 11:00 a.m.**

Links will be sent out for this event.



### **VIRTUAL NEW MOON MEDITATION**

**with Natalie Johnson  
Tuesday, March 1  
6:00 – 6:45 p.m.**

This New Moon in Pisces falls on the eve of Mardi Gras. In the Christian calendar, it is the last day of feasting and excess before entering into Lent when the focus turns inward toward the spiritual and away from earthly pleasures. It is a time of purification through sacrifice, the true meaning of which is “to make holy”.

It is a time when we pause to reflect on our soul’s true path and to strengthen ourselves by returning to a simpler and purer lifestyle. To us in the Western world, this can mean recognizing our immense privilege and not only being grateful for our many blessings, but resolving to find ways to share them more equally with others. The image of Pisces brings to mind Jesus, whose symbol is the fish and whose teachings still inspire us to lives of simplicity, equanimity and loving kindness toward all beings.

Join us this night as we explore these themes and find ways to “make holy” our own lives. All are welcome. The link will be sent out for this event.



### **VIRTUAL LET’S DO LUNCH**

**Thursdays: March 3, 10, 17, 24, 31  
12:00 – 1:00 p.m.**

Links will be sent out for this event.





## VIRTUAL JUST THIS SANGHA

**Fridays: March 4, 11, 18, 25**  
**6:00 – 7:30 p.m.**

*Just This Sangha* meets virtually (via Zoom) nearly every Friday evening from 6:00 to 7:30 for silent meditation and sharing of our practice experience. From a Buddhist, particularly Zen, perspective, we focus on bringing practice to daily life; exploring letting go of our usual habitual reactivity and opening to our selves and others as we actually are.

Not a drop-in group, we do welcome potentially new members to join us for a few sessions to see if the group is a good fit. Contact Tom Tanguay at [Thisjustthis@gmail.com](mailto:Thisjustthis@gmail.com) for more information.



## JUSTICE, EQUALITY, AND PEACE VIGILS

(weather permitting)

**Saturdays: March 5, 12, 19, 26**  
**11:30 a.m. - 12:00 noon**

We will continue scheduling weekly ½ hour vigils on Saturday mornings from 11:30 a.m. to 12:00 noon. In addition, we will be offering training to help us respond to folks with strong opinions.



If you are interested in standing with us but would like the training first, please add your name, but put an X in the first column. All are invited to join in.

Sign up for training and/or the vigil by visiting

[https://docs.google.com/spreadsheets/d/1bh50g1GJo86U\\_kwcs9k95\\_PaZTPNP7i8CugTK77hd6o/edit#gid=247885754](https://docs.google.com/spreadsheets/d/1bh50g1GJo86U_kwcs9k95_PaZTPNP7i8CugTK77hd6o/edit#gid=247885754)



Don't forget to turn your clocks ahead one hour **Saturday night, March 12!**



## VIRTUAL PARISH COMMITTEE MEETING

**Wednesday, March 16**  
**6:30 p.m.**

All members and friends are invited to attend the Parish Committee meeting. The link will be sent out for this event.



**VIRTUAL  
FULL MOON MEDITATION**

with Natalie Johnson  
Thursday, March 17  
6:00 – 6:45 p.m.



This Full Moon falls in the sign of Virgo, the zodiacal sign that challenges us to higher standards, to greater humanity with the idea of striving always to be more in our quest for compassion, wisdom and right use of power.

Tonite we will celebrate the Spring Equinox as well, one of two times each year when the hours of light and dark are equally balanced. We will accompany Hecate as she travels into the Underworld to retrieve Persephone and return her to her mother Demeter. From this reunion, the seasons of Spring and Summer burst forth, and the Earth is once again renewed with abundant new life. The lean times of Winter are past, and all of creation rejoices at the return of growth, warmth and greater ease.

Join us this night as we journey with these Goddesses and find joy in the ways we bring new growth to our own ideas and creations. All are welcome.

The link will be sent out for this event.



**BOOK DISCUSSION GROUP**

Monday, March 21  
5:30 – 6:30 p.m.  
in the  
Parish Hall

Our March 21<sup>st</sup> meeting will be "Choose Your Own Adventure" - members will be bringing their own recent favorite reads to share with the group.

For more info: email Carleen at [Carleenml@aol.com](mailto:Carleenml@aol.com).



**CUUPS  
OSTARA RITUAL**  
Monday, March 21  
7:00 p.m.  
in the  
Parish Hall



We have made it through the cold and snowy Winter, found hope in the tentative signs of new life stirring at Imbolc, and finally have arrived at Ostara, a time when new life begins to emerge all around us and the fertility of Mother Earth makes itself known in all the realms. It is a time of rejoicing in the rebirth of the Earth and also of renewed faith that we live in an abundant and beautiful world that can hold and nurture us all. Please join us in our celebration of this holy time.

We will continue to follow safe practices for gathering. All are welcome.



**MINUTES OF THE VIRTUAL PARISH COMMITTEE MEETING**  
**February 16, 2022**

**Present:** Bob Waterman, Rev. Sarah Person, Lois Aldrich, Jim Bonnar, Marc MacQueen, Katie Allen, Nicole Sykes

**Guests:** Gil Cote, Nancy Backus

**Meeting Minutes of January 19, 2022:** Approved as written.

**Minister's Report:**

- Rev. Sarah has been receiving feedback from the congregation on her retirement, which has been sad but supportive. Rev. Sarah has emailed a guidebook for ministry transition to the PC and would like to discuss healthy leave-taking as we move forward with the transition.

- Rev. Sarah reported that she has been meeting with the Pastoral Care Team on Tuesday mornings and has been clarifying roles and responsibilities for the team, including during the transition period. The team has also been working on a training manual. High praise and gratitude were extended to the Pastoral Care Team and especially to Mal Marvill. A Pastoral Care survey was submitted after input from the PC. Rev. Sarah suggests that Pastoral Care be considered a top priority during the transition process.

-The Tech Team has purchased the needed new equipment at a cost of \$1900. It is expected that the remainder of the funds raised will pay the electrician for installation of the new equipment.

**Treasurer's Report:** Marc MacQueen reported that this has been a good pledge month but that we are behind in pledges overall. Marc will send out pledge updates to pledgers. Marc has moved \$2600 to the Church's Discretionary Fund. Donations for Cash in the Plate have been extremely low, possibly due to the fact that we have not been able to meet in person.

Marc has notified the PC that he will be resigning as Treasurer at the end of this Church year (June 30, 2022). The PC extends their thanks to Marc for his many years of hard work, dedication, and amazing contributions to the Church!!

**Music Committee:** Susan Hotchkiss submitted a report to the PC. She continues to recover from knee surgery but has recently been able to return to Church. Susan expressed her appreciation for all those who volunteered to cover in her absence.

**RE:** Rev. Sarah reported that RE has had excellent participation for the Coming of Age program and for parent groups. RE had a clothing drive for children this past weekend, and many donations were received.

**Social Justice Team:** Jim Bonnar reported that the SJ Team will be working on a proposal for our Church to incorporate the 8<sup>th</sup> principle. Lauren Haugh is due to become a new parent soon and will be taking a leave of absence in her role as SJ Team Chair. Other team members plan to fill in for her. Sandy Smiley informed the PC that she is resigning her role as representative at the MAAC meetings. Rev. Sarah will provide the PC a list of responsibilities for the minister and for the Church representative, which will help in the recruitment of a new MAAC representative. Term is generally for one year.

**Building and Grounds:** Water heater has been replaced. Railings replaced in January.

**Fundraising:** Marc reported that the Valentine's Day fundraiser lasagna dinner raised \$700. Other fundraisers being considered: Road Rally (John Mullen) and Spring Auction (in-person ?!). Bob Waterman plans to assemble the brainstorming group to begin planning for other spring fundraisers.

**Worship Team:** Bob suggested we re-activate the Worship Team, given the upcoming transition process. Rev. Sarah plans to coordinate summer services before her retirement.

*(continued on the next page)*

**Pledge Drive:** Gil Cote informed the PC that 8 people have volunteered to be Stewards, and assignments have been made. Marc reminded the PC that Stewards should make their own pledges before contacting pledgers. The Pledge Team is currently waiting on materials for packets, including the brochure, the President's letter, and financial information. A Zoom meeting to touch base with the Stewards is planned for February 26 to respond to any questions/concerns from Stewards. Stewards will need packets by then. Katie Allen said she plans to draft the brochure on Friday (2/18) and circulate it to the PC for comment. Jim has written the President's letter and will forward it to Rev. Sarah to give to Val to include in packets. Rev. Sarah said she will say a few words about the Pledge Drive at Sunday service, with references to Listening Circles. Jim will also speak, and Marc will provide a testimonial, as well as inform congregation of his resignation as Treasurer.

Gil will speak about the Pledge Drive process (what to expect) at the service on February 27.

The goal for the Pledge Drive was clarified and is \$190,000.

**Reopening:** Jim reported that COVID case numbers have significantly dropped. The PC agreed on the goal of a reopening date of March 6, with maximum of 12 "units" in attendance (plus Choir and Tech Team). The PC can decide to increase the number of units in time if all goes well. A system will need to be put in place that will: register those interested in attending in person; verify vaccination; require masks; allow for socially distanced seating; allow persons attending to sign in, etc. Congregants will be able to begin calling the church on Sunday, February 27, after 3:00 to register to attend the March 6 service. Bob will talk with Val about the process to register those interested in attending in-person services.

**Next PC Check-In: Wednesday, February 23, at 7:00 p.m. to finalize reopening plan.**

**Next PC monthly meeting: Wednesday, March 16, at 6:30 p.m.**



### Pastoral Ministry and Parish Care

Our church offers both Pastoral Ministry and Parish Care. If you have something weighing on your mind and would like to talk with a minister, please contact any member of our Pastoral Ministry Team. Parish Care help is available to assist with meals, transportation, emergency babysitting, and hospital visits during illnesses or other family emergencies.

We are a diverse, active and caring community; and we welcome your questions and your participation. You are always invited to call or visit our minister to discuss any matter of concern to you.

Sue Curtiss: Lay Pastoral Ministry Coordinator

Mal Marvill: Parish Care Coordinator  
Rev. Sarah Person

Dave Kraemer: Lay Pastoral Minister  
Sue St. Germain: Lay Pastoral Minister

### Parish Committæ



President: Jim Bonnar  
Vice President: Bob Waterman  
Treasurer: Marc MacQueen  
Interim Assistant Treasurer: Gil Cote  
Parish Clerk: Lois Aldrich  
Members At Large: Katie Allen  
Nicole Sykes

### Church Calendar

To access the church calendar, visit <https://uumiddleboro.org/calendar-of-events/>



## MARCH 2022

| Sunday                                                                                                                                                                                       | Monday                                                                                                | Tuesday                                                                                                                                                          | Wednesday                                                                                               | Thursday                                                                                                                                                                                                                           | Friday                                                                                          | Saturday                                                                                                                                                         |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                                                              |                                                                                                       | 1<br>10:00 a.m.<br>Virtual Coffee<br>with the Minister<br><br>6:00 p.m.<br>Virtual New Moon<br>Meditation<br><br>7:00 p.m.<br>Chalice Choir,<br>Parish Hall      | 2                                                                                                       | 3<br>10:00 a.m.<br>Virtual<br>Let's Do Lunch<br><br>7:00 p.m.<br>Virtual<br>Spirituality Group                                                                                                                                     | 4<br>1:00 p.m.<br>Organ Practice,<br>Sanctuary<br><br>6:00 p.m.<br>Virtual<br>Just This Sangha  | 5<br>10:00 a.m.<br>Felting Class,<br>Parish Hall<br><br>11:30 a.m.<br>Peace Vigil,<br>Church Lawn                                                                |
| 6<br>10:00 a.m.<br>Virtual<br>Religious<br>Exploration<br><br>10:30 a.m.<br>Virtual<br>Worship Service                                                                                       | 7                                                                                                     | 8<br>10:00 a.m.<br>Peaceful Quilters,<br>Parish Hall<br>10:00 a.m.<br>Virtual Coffee with<br>the Minister<br>7:00 p.m.<br>Chalice Choir,<br>Parish Hall          | 9<br>5:30 p.m.<br>Virtual<br>Music Committee                                                            | 10<br>10:00 a.m.<br>Virtual<br>Let's Do Lunch<br><br>7:00 p.m.<br>Virtual<br>Spirituality Group                                                                                                                                    | 11<br>1:00 p.m.<br>Organ Practice,<br>Sanctuary<br><br>6:00 p.m.<br>Virtual<br>Just This Sangha | 12<br>11:30 a.m.<br>Peace Vigil,<br>Church Lawn<br><br><br>FORWARD<br>TONIGHT |
| 13<br>10:00 a.m.<br>Virtual Religious<br>Exploration<br>10:30 a.m.<br>Virtual<br>Worship Service<br>11:45 a.m.<br>Virtual RE<br>Parent Meeting<br>4:00 p.m.<br>Coming of Age,<br>Parish Hall | 14                                                                                                    | 15<br>10:00 a.m.<br>Peaceful Quilters,<br>Parish Hall<br><br>10:00 a.m.<br>Virtual Coffee<br>with the Minister<br><br>7:00 p.m.<br>Chalice Choir,<br>Parish Hall | 16<br>9:30 a.m.<br>Ministers<br>Meeting,<br>Parish Hall<br><br>6:30 p.m.<br>Virtual<br>Parish Committee | 17<br><br>10:00 a.m.<br>Virtual<br>Let's Do Lunch<br>6:00 p.m.<br>Virtual Full Moon<br>Meditation<br>7:00 p.m.<br>Virtual<br>Spirituality Group | 18<br>1:00 p.m.<br>Organ Practice,<br>Sanctuary<br><br>6:00 p.m.<br>Virtual<br>Just This Sangha | 19<br>11:30 a.m.<br>Peace Vigil,<br>Church Lawn                                                                                                                  |
| 20<br>10:30 a.m.<br>Virtual<br>Worship Service<br>12:00 noon<br>Religious<br>Exploration,<br>Parish Hall<br>April Newsletter<br>Deadline                                                     | 21<br>5:30 p.m.<br>Book Discussion<br>Group,<br>Parish Hall<br><br>7:00 p.m.<br>CUUPS,<br>Parish Hall | 22<br>10:00 a.m.<br>Peaceful Quilters,<br>Parish Hall<br>10:00 a.m.<br>Virtual Coffee with<br>the Minister<br>7:00 p.m.<br>Chalice Choir,<br>Parish Hall         | 23                                                                                                      | 24<br>10:00 a.m.<br>Virtual<br>Let's Do Lunch<br><br>7:00 p.m.<br>Virtual<br>Spirituality Group                                                                                                                                    | 25<br>1:00 p.m.<br>Organ Practice,<br>Sanctuary<br><br>6:00 p.m.<br>Virtual<br>Just This Sangha | 26<br>11:30 a.m.<br>Peace Vigil,<br>Church Lawn                                                                                                                  |
| 27<br>10:00 a.m.<br>Virtual Religious<br>Exploration<br>10:30 a.m.<br>Virtual<br>Worship Service<br>4:00 p.m.<br>Youth Groups,<br>Parish Hall                                                | 28                                                                                                    | 29<br>10:00 a.m.<br>Peaceful Quilters,<br>Parish<br>10:00 a.m.<br>Virtual Coffee with<br>the Minister<br>7:00 p.m.<br>Chalice Choir,<br>Parish Hall              | 30                                                                                                      | 31<br>10:00 a.m.<br>Virtual<br>Let's Do Lunch<br><br>7:00 p.m.<br>Virtual<br>Spirituality Group                                                                                                                                    |                                                                                                 |                                                                                                                                                                  |



The First Unitarian Universalist Society of Middleborough  
25 South Main Street  
Middleborough, MA 02346



[www.uua.org/new-england](http://www.uua.org/new-england)

**From Reactivity to Resilience: Doing Our Inner Work in Congregations**  
Part I - March 5, 2022 - 2:00 to 4:00 PM  
Part II - March 26, 2022 - 2:00 to 4:00 PM

This online webinar series focuses on the Spiritual Leadership practice of “doing our inner work.” It is rooted in an awareness of the human tendency to fight, freeze, or flee when we are activated. It rests in a belief that congregations are called to create a container in which everyone can learn, hone and use tools that bring us through activation into resilience. Fee per person is \$25 or pay-what-can using our coupon codes.

[Learn more and register here.](#)

**Spiritual Leadership for Culture Change - A Community of Practice**  
Evening: March 22, 7:00 PM  
Daytime: March 23, 1:00 PM

Whatever ministries you are a part of – worship, music, faith formation, hospitality, social justice, governance, or anything else — the practices of Spiritual Leadership are a theologically faithful way to create Beloved Community within and beyond the congregation. So much pulls us away from living at the center of our values. The practices of Spiritual Leadership help us cultivate the creativity, resistance, and resilience that are needed to make the culture change we are called to make. You’re invited to join Spiritual Leadership for Culture Change, a community of practice for anyone working to embed the practices of Spiritual Leadership into their congregation’s ways of being.

For more information, visit [Spiritual Leadership for Culture Change: A Community of Practice | New England Region | UUA.org](#). Use this form to join this community of practice.